

# SPECIAL NEEDS EVENTS



SPRING & SUMMER 2014



**Altamonte  
Springs**  
RECREATION

The City of Altamonte Springs Special Needs Recreation and the Advisory Board for the Disabled, Inc. provide social and recreational activities at a minimal cost to the mentally and physically challenged population, ages 13 and up, in Altamonte Springs and surrounding communities.

## Activities Coordinator:

Ranwa Nin El-Khoury

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225 Newburyport Ave.

Altamonte Springs, FL 32701

## Emergency Cell Phone:

If you need to contact us immediately while a program is in session, call (321) 303-5255.

## Activity Locations:

Eastmonte Recreation Center

830 Magnolia Drive

Altamonte Springs, FL 32701

Westmonte Recreation Center

624 Bills Lane

Altamonte Springs, FL 32714

AMF Altamonte Lanes

280 Douglas Ave.

Altamonte Springs, FL 32714

Lake Brantley South Gym

1010 Sand Lake Road

Altamonte Springs, FL 32714

(Located across from Lake Brantley High School by Forest City Elementary.)



THE ADVISORY BOARD FOR THE DISABLED  
"We are committed to our Special People"

## ACTIVITIES

### STOP (Saturday Time Out for Parents) Trips

Trips take place one Saturday a month and are socially, physically and educationally beneficial field trips. Drop off and pick up is at Eastmonte Park. Cost is \$3 per participant. Lunch is provided. Financial assistance is available. Feel free to send souvenir money for trips. Reservations are taken in the order received. Please call or email to reserve your spot. Space is limited.

### Upcoming Trips:

- Reptile Discovery Center  
April 26 from 9 a.m. to 4 p.m. Registration opens at 9 a.m. on April 18.
- 32nd Annual Softball Game – Altamonte Specials vs. Local 6 News  
May 10 from 10 a.m. to 4 p.m. Registration opens at 9 a.m. on May 2.

### Bowling

Practice is held every Monday, excluding City holidays, from 3 to 5 p.m. at the Altamonte AMF Lanes. Scores are recorded throughout the year. No bowling on May 26 and June 9. Cost is \$2 per game and includes shoes.

### Bowling Banquet

Monday, June 9. RSVP by May 5. Cost is \$6 per person. This event is catered. Each paid bowler will receive a trophy engraved with his or her high score! Make checks payable to: The Advisory Board for the Disabled, Inc.

**Special Olympics Advancement:** Training scores will be collected for Special Olympics eligibility starting Monday, June 16. Competitions are held in August, September and November.

### Nightbird Dances

Themed dances are held one Friday a month from 7 to 9 p.m. at Eastmonte Park. Prizes are awarded for dance contest winners, costume contest winners and birthdays. Drinks and light snacks are provided. Cost is \$2 per participant or \$1 per guest (parent, caregiver, etc).

If you have a group home or a large party, please call in advance to reserve a group table(s). For more dance opportunities, visit Oviedo Parks & Recreation at [www.owsoptimistclub.com](http://www.owsoptimistclub.com).

### Upcoming Dances:

- April 11—Country Hoe Down
- May 9—Red, White and Blue
- June 6—Hawaiian Pool Party at Westmonte Park (Rain or Shine)  
Bring swim suits and towels.

For more information or to register,  
visit [www.ASRecreation.org](http://www.ASRecreation.org) or call (407) 571-8814.

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## Thursday Night Out

"Thursday Night Out" is held on the 3rd and 4th Thursday of each month at Westmonte Park from 7:30 to 8:30 p.m. Programs are designed to allow participants to get together and have fun. Cost is \$1 per person. Light refreshments are provided. RSVP for cooking classes one week prior.

- April 17—Karaoke Canceled
- April 24—Cooking Class
- May 15—Karaoke Night
- May 22—Cooking Class

## YOUTH PROGRAMS

### Bambino Buddy Ball

The Buddy Ball Baseball League allows a "buddy" to help the player swing a bat, round the bases, catch a ball, etc. The program is designed for players ages 5 to 20 who are physically and/or mentally challenged. Cost is free. For more info, visit <http://cfbuddyball.baberuthonline.com> or contact Sarah Reece at (407) 463-2504 or [sarah.reece@orhs.org](mailto:sarah.reece@orhs.org).

### Swim Lessons

Swim lesson sessions are designed to meet the needs of each individual by offering eight, 15-minute classes with 1-on-1 instruction. Sessions are for ages 3 to 5 and 6 & Up. Fifteen minute sessions are held Monday through Thursday for two weeks from 6 to 6:45 p.m. Cost is \$40 per session for City residents or \$55 per session for non-residents. Financial assistance is available. Register online. Space is limited.

#### Session Dates:

- Session 1—May 12 to May 22 (Registration opens May 5.)
- Session 2—June 2 to June 12 (Registration opens May 27.)
- Session 3—June 23 to July 3 (Registration opens June 16.)
- Session 4—July 14 to July 24 (Registration opens July 7.)
- Session 5—August 4 to August 14 (Registration opens July 28.)

## DANCE TRAINING

### Belly Dance

Our Special Needs Belly Dancers and family members meet the 2nd and 4th Wednesday of each month from 6:30 to 7:30 p.m. at Eastmonte Park to exercise and prepare for performances. Cost is \$15 for each season. Financial assistance is available. Family members dance free. Registration is now open.

### Sparkler's Cheerleading End of Season Showcase and Awards Ceremony

The Sparklers are hosting their first End of Season Showcase and Awards Ceremony to demonstrate all they have accomplished this season. Help them celebrate on Sunday, April 13, 2014 from 3:30 to 5:30 p.m. at the Lake Brantley South Gym.

## SUMMER DAY TIME PROGRAMS

Come enjoy a fun day filled with crafts, field trips, games, guests and more. Held on Wednesdays in June and July (excluding July 30) at Eastmonte Park from 9 a.m. to 4 p.m. Cost is \$50 per person. Registration begins May 5 at 9 a.m. Please register online, call, or email to reserve your spot. Space is limited.

## SPRING SPRINT

On Saturday, April 12, 2014 the City of Altamonte Springs and Fleet Feet Sports host the Spring Sprint 5K Run & Walk at Cranes Roost Park. Join us in supporting this family event to help raise awareness and support for the Altamonte Springs Advisory Board for the Disabled and Altamonte Christian School. To register, visit [www.FleetFeetOrlando.com](http://www.FleetFeetOrlando.com). For more information contact Richard Handwerk at (407) 571-8779 or [RWHandwerk@altamonte.org](mailto:RWHandwerk@altamonte.org).

For more information or to register, visit [www.ASRecreation.org](http://www.ASRecreation.org) or call (407) 571-8814.