



# Special Needs Recreation – Fall 2012



Special Needs Activities Coordinator: Ranwa “Nin” El-khoury, 407-571-8814, Rrel-khoury@altamonte.org

To attend activities, participant must meet the **Program Eligibility** and complete a **Participant Membership Form**. Once **Membership Form** is on file, participant is eligible to attend events. Select programs require additional registration. Additional Registration Includes: (1) Reserve your spot via phone or email (2) Complete/submit additional paperwork and payment. Please send your reservations to only: 407-571-8814 or rrel-khoury@altamonte.org -or- Register Online at [www.ASRecreation.org](http://www.ASRecreation.org)

## STOP TRIPS

**Description:** STOP Trips (Saturday Time Out for Parents) take place one Saturday a month and are socially, physically and educationally beneficial field trips. Drop off and pick up is at Eastmonte Park.

**Cost:** Cost: \$3/particiapnt with lunch provided. Financial Assistance Available. \*Feel free to send souvenir money for trips

**Additional Registration:** Required

You must RSVP *on the designated day* a week prior to the trip by phone or email. Reservations are taken in the order received. Space is limited.

Please send your reservation to only:

407-571-8814 or rrel-khoury@altamonte.org

### Upcoming Trips:

Marine Science Center in Ponce Inlet

Trip Date: September 8 from 9am-4pm **RSVP on Aug 31**

Disney's Magic Kingdom

Trip Date: October 6 from 8am-7pm **RSVP on Sept 28**

\*LIMITED SPACE: After all reservations are received on 9-28, a random drawing will take place to select participants attending this trip.

\*Lunch provided. Participants should plan to bring money for snacks/dinner

Access-Life Expo Ocoee (Boating, Fishing, Archery, Crafts & more)

Trip Date: November 10 from 9am-4pm **RSVP on Oct 26**

\*TRIP DATE CHANGED. Nov 10 is an update to the date posted in calendar.

## BOWLING

**Description:** Practice is held every Monday, excluding city holidays, from 3-5pm at the Altamonte AMF Lanes. Scores are recorded throughout the year and trophies are awarded at a Banquet with participant's high score. "Pizza Mondays" are held on the last Monday of the month. Pizza will be sold by the slice for \$1.75 each.

**Cost:** \$2 per game includes shoes. **Additional Registration:** None

**No Bowling On:** September 3 (Labor Day), December 17, 24, 31

## BALLROOM DANCE

**Description:** The Orlando Chapter of USA Dance teaches an 8-week workshop on Sundays at Lake Brantley South in the Fall and Spring. Practice is located at Lake Brantley South Gym, 1010 Sand Lake Road. Gym located across from Lake Brantley High School by Forest City Elementary

**Dates/Time:** Fall Workshop starts Sunday, September 30, 2012.

Silver- 1pm-1:45pm **or** Gold- 1:45pm-2:30pm

**Cost:** \$20.00, Financial Assistance Available. Space Limited.

**Additional Registration:** Required. Register between Sept 4-14 Contact us for registration paperwork or more information.

**Altamonte Ballroom Stars Showcase**

Sunday, November 18 from 1:30-2:45pm

Featuring our special stars, volunteer partners and professional performers. Look for flier in our e-newsletter.

## 5<sup>TH</sup> ANNUAL BELLY DANCE RECITAL

**Description:** Troupe Moumayaza, our special needs belly dancers, will be hosting their 5th recital! We hope you will come out and watch our beautiful dancers, plus many other local professional dancers!

**Date:** Friday, October 12, 2012 at Eastmonte Park from 7-9pm

**Cost:** Cost: \$2.00 Funds will support Troupe Moumayaza

## WINTER CAMP– SAVE THE DATE

**Description:** Crafts, field trips, games, guests & more! Eastmonte Park from 9am-4pm. Financial Asst. Available. Space is Limited.

Held on Wednesdays: Jan 9, 16, 23, 30; Feb 6, 13, 20, 27 **Cost:** \$50.00

**Additional Registration:** Register between December 3-7. Camp fills up quick, so register on time. Contact us for paperwork or more info

## FALL SPAGHETTI DINNER CANCELED (SEPT 21)

## NIGHTBIRD DANCES

**Description:** Themed dances are held one Friday a month from 7-9pm at Eastmonte Park. Prizes awarded for dance contest winners, costume contest winners & birthdays! Drinks and light snacks will be provided.

**Cost:** \$2 per participant & \$1 per guest (parent, caregiver, etc)

**Additional Registration:** None. If you have a group home or a large party, call in advance if you wish to reserve your group a table(s).

**Upcoming Dances:**

September 14	Crazy Hat Dance
October 26	Halloween Masquerade
November 9	Pilgrims & Indians
December 7	Holiday Gala - <i>Invitation Only. No Walk-ins.</i>

\*Oviedo Parks & Rec offers dances on alternate evenings.

## THURSDAY NIGHT OUT

**Description:** "Thursday Night Out" is held on the 3rd & 4th Thursday of the month at Westmonte Park from 7:30-8:30pm. Programs are designed to allow participants to get together and have some fun!

**Cost:** \$1.00 with light refreshments provided.

**Additional Registration:** RSVP for cooking classes week prior.

September 20: Karaoke Night	September 27: Cooking Class
October 18: Karaoke Night	October 25: Cooking Class
November 15: Karaoke Night	November 22: Canceled

## HOLIDAY NIGHT RIDE

**Description:** We will take the bus/van to drive by local houses with beautiful light displays & Cranes Roost Park. Meet at Eastmonte Park from 6pm-8:30pm. Space is limited. Financial Assistance Available

**Trips:** Tuesday, December 11 **or** Thursday, December 13

**Cost:** Cost: \$1.00 with Cookies & Hot Cocoa provided.

**Additional Registration:** RSVP between Nov 26-30 for one of the trips.

## CHRISTMAS CRAFT CAMP

**Description:** Join us as we create holiday themed crafts, presents, cookies, sing carols, and more. Located at Eastmonte Park from 1:30pm-5:30pm. (Campers have the option to stay at camp until the Holiday light ride at 6pm) Space is limited. Financial Asst. Available

**Camp Dates:** Tuesday, December 11 **and** Thursday, December 13

**Cost:** \$10.00 with pizza dinner provided. Volunteers Needed

**Additional Registration:** Required. Register between Nov 26-30.

## \* YOUTH PROGRAMS \*

### SPARKLER'S CHEER CAMP

**Description:** Join us as we learn cheer skills from local guests & dancers. Saturday, October 20, 2012 from 10am-4pm. Open to new athletes and current Sparklers ages 6 and up. Lake Brantley South Gym, 1010 Sand Lake Road. Gym located across from Lake Brantley High by Forest City Elem.

**Cost:** \$10, includes cheer camp T-Shirt and lunch.

Space Limited, Financial Assistance Available. Volunteers Needed

**Additional Registration:** Required. Register between October 1-7.

**Competition Team:** The Sparklers are a group of male/female cheerleaders with special needs who train/compete in October-April. Competition team is currently full, but a waiting list is available for interested athletes.

### BAMBINO BUDDY BALL

**Description:** This baseball league allows for a "buddy" to help the player swing a bat, round the bases, catch a ball, etc. Program designed for players ages 5-20 who are either physically and/or mentally challenged.

**Cost:** Free **Additional Registration:** Contact Sarah Reece at 407-463-2504, sarah.reece@orhs.org, <http://cfbuddyball.baberuthonline.com>

# Special Needs Recreation - Fall 2012

Special Needs Activities Coordinator: Ranwa "Nin" El-khoury, 407-571-8814, Rrel-khoury@altamonte.org



## Registration Dates - Quick List

*Please read our quarterly newsletter for more information and details about activities.*

To attend activities, participant must meet the Program Eligibility and complete a Participant Membership Form. Once Membership Form is on file, participant is eligible to attend events. Select programs require additional registration. Additional Registration Includes: (1) Reserve your spot via phone or email (2) Complete/submit additional paperwork and payment. Please send your reservations to only: 407-571-8814 or rrel-khoury@altamonte.org -or- Register Online at [www.ASRecreation.org](http://www.ASRecreation.org)

### STOP TRIPS (ages 13- up)

Trip Date: September 8 Registration: on Aug 31  
Trip Date: October 6 Registration: on Sept 28  
Trip Date: November 10 Registration: on Oct 26

### BALLROOM DANCE WORKSHOP (ages 13- up)

Workshop Begins: September 30  
Registration: between Sept 4-14, 2012

### SPARKLER'S CHEER CAMP (ages 6- up)

Event Date: Saturday, October 20, 2012  
Registration: between October 1-7, 2012

### CHRISTMAS CRAFT CAMP (ages 13- up)

Event Dates: Tues, Dec. 11 and Thurs, Dec. 13  
Registration: between Nov 26-30, 2012

### HOLIDAY NIGHT RIDE (ages 13- up)

Event Dates: Tues, Dec. 11 or Thurs, Dec. 13  
Registration: between Nov 26-30 for one of the trips

### WINTER CAMP (ages 13- up)

Camp Begins: Wednesday, January 9, 2013  
Registration: between December 3-7, 2012

### HOLIDAY GALA (ages 13- up)

Event Date: Friday, December 7. Invitation Only.  
Registration: by November 26, 2012

### SPARKLER'S COMPETITON TEAM (ages 6- up)

Season: October-April  
Registration: Add name to waitlist.

### BAMBINO BUDDY BALL (ages 5-20)

Registration: Ongoing. Sarah Reece at 407-463-2504, sarah.reece@orhs.org, <http://cfbuddyball.baberuthonline.com>

### BOWLING (ages 13- up)

Ongoing  
Registration: None—just show up

### NIGHTBIRD DANCES (ages 13- up)

Event Dates: Fridays, Sept 14, Oct 26, Nov 9  
Registration: None—just show up

### THURSDAY NIGHT OUT (ages 13- up)

Event Date: 3rd and 4th Thursday of the month  
Registration: None—just show up

### 5<sup>TH</sup> ANNUAL BELLY DANCE RECITAL

Event Date: Friday, October 12, 2012  
Registration: None—just show up

#### ABOUT US

The City of Altamonte Springs - Special Community Services and the Advisory Board for the Disabled, Inc. provide social and recreational activities at a minimal cost to the mentally and physically challenged population, ages 13 and up in Altamonte Springs and surrounding communities.

#### ACTIVITIES COORDINATOR:

Ranwa Nin El-khoury, Office: 407-571-8814 Fax: 407-571-8809  
Email: [Rrel-khoury@altamonte.org](mailto:Rrel-khoury@altamonte.org)  
[www.AdvisoryBoardforDisabled.org](http://www.AdvisoryBoardforDisabled.org) or [www.ASRecreation.org](http://www.ASRecreation.org)  
Mail to: 225 Newburyport Avenue, Altamonte Springs, FL 32701  
[www.Facebook.com/AltamonteSpringsSpecialPopulation](http://www.Facebook.com/AltamonteSpringsSpecialPopulation)

# ANNUAL PARTICIPANT MEMBERSHIP FORMS NEEDED

Each December we give this Membership Form out at our Holiday Gala and also post it on our website. (Form can be mailed to you upon request)

Form must be on file for participant to take part in our activities. Form does not need a doctor's signature, but can be completed by the parent or guardian.

**Please make sure you provide all the information requested.**

The information on this form is very important. It assists our staff and volunteers with many situations, including emergencies, behavior concerns, etc.

**We need your help in making sure forms are filled out every year.**

This year we printed the form on pink paper. Did you turn your form in yet?

If not, please visit us online to download a 2012 Form or contact us.

And get ready to fill out another Membership Form for 2013 this December.

www.ASRecreation.org or www.AdvisoryBoardforDisabled.org

**Thank You!**

**Thank You!**

## SAMPLE FORM

### City of Altamonte Springs – Special Needs Recreation 2012 PARTICIPANT MEMBERSHIP FORM

**ABOUT US**  
The City of Altamonte Springs - Special Community Services and the Advisory Board for the Disabled, Inc. provide social and recreational activities at a minimal cost to the mentally and physically challenged population, ages 13 and up in Altamonte Springs and surrounding communities. For more information, visit [www.AdvisoryBoardforDisabled.org](http://www.AdvisoryBoardforDisabled.org) or [www.AltamonteSports.org](http://www.AltamonteSports.org)



"Creating friendships and memories... one adventure at a time."

**REGISTRATION**  
To register, participant needs an annual Participant Membership Form on file. After completed form is received, participant will be added to quarterly mailing list and monthly e-newsletter. Then participant can begin attending events of their choice. (Select programs require reservation or additional registrations). Participants do not need to reside in Altamonte Springs to take part in programs. Parent/Guardian/Caretakers are required to sign participant in and out of activities. (unless participant is independently arriving to/from events)

**PROGRAM ELIGIBILITY**  
Participants with special needs must meet the following criteria to take part in programs. If they are unable to do so, participant is welcome to attend programs, but must provide their own assistant for supervision (such as a family member, companion, etc.)

- Age 13 and over (with exception to select specially designed youth programs)
- Be able to function in a group structure (1 staff member/volunteer per 5 participants)
- Capable of participation in group activities
- Have independent bathroom skills
- Be able to follow basic instructions

**CODE OF CONDUCT**

- The undersigned participant and/or his/her parent or guardian agrees to the following:
- Respect the other participants, volunteers, and staff and their property.
  - Will not use foul language, name calling, cursing, or other disrespectful language to other participants, volunteers, or staff.
  - Will not physically harm anyone by keeping hands to themselves.
  - Will not "tattle", unless it is an emergency.
  - Will not backtalk or have a negative attitude.
  - Stay with the group at all times and ask permission to leave.
  - Follow the rules/directions of the volunteers/staff at all times and ask questions if they do not understand.

**DISCIPLINARY STEPS:**

- Verbal Warnings (up to 3)
- Time out from group activities
- Program Incident Report Form (with parent signature)
- One or multi-day suspension
- Removal from activity/program

**PLEASE RETURN COMPLETED FORM AT ANY OF OUR EVENTS OR RETURN TO:**

City of Altamonte Springs  
Attn: Ranwa Nin El-khoury  
225 Newburyport Avenue  
Altamonte Springs FL 32701

Office: 407-571-8814  
Fax: 407-571-8809  
Email: [Rrel-khoury@altamonte.org](mailto:Rrel-khoury@altamonte.org)

**PARENT/GUARDIAN RELEASE**

**General Release:** The undersigned participant and/or his/her parent or guardian, in consideration for the City of Altamonte Springs through its Department of Leisure Services providing facilities, instruction and supervision in the activity listed above does hereby: (1) Assume all risk of possible damage of injury involved through participation in the above noted activity; (2) request permission to participate in the activity with full knowledge that said activity could result in damage or injury to me; (3) Agree to indemnify and hold harmless the City and/or its departments or agents from liability resulting in participation in said activity. **Participation:** I hereby give my permission for the participant named to participate in the City of Altamonte Springs Department of Leisure Services recreational activities/events. I hereby release the City of Altamonte Springs, its officers and employees, from any and all liability for all damages and/or injuries sustained while participating in this program. **Consent to Treatment:** I authorize such physician or medical staff as the City of Altamonte Springs Department of Leisure Services may designate to carry out any minor medical or surgical treatment and/or medication necessary, or to take the named participant to the emergency room of the nearest hospital, and I further authorize the hospital and its medical staff to provide treatment deemed necessary by them for the well-being of such participant. It is understood, however, that if hospitalization or treatment of a serious nature is required, the parent/guardian will be contacted, if possible, by telephone for permission. **Permission to Publish:** I hereby give permission for the participants images, captured during regular or special activities by video, photo, or digital camera, to be used solely for the purposes of the Altamonte Springs Department of Leisure Services promotional material and publications, and waive any rights of compensation or ownership thereto.

I, the undersigned, am a parent/guardian of the specified participant. I have read and fully understand the provisions of the above releases and explained them to the said participant. I hereby agree that I and the said participant will be bound thereby.

Signature of Parent/Guardian: \_\_\_\_\_  
Printed Name of Parent/Guardian: \_\_\_\_\_  
Relationship: \_\_\_\_\_ Date: \_\_\_\_\_

**CONTACT INFORMATION**

Participant Name: \_\_\_\_\_ Date of Birth (mm/dd/yyyy): \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Parent/Guardian: \_\_\_\_\_ Group Home: \_\_\_\_\_  
Parent/Guardian Address:  SAME AS ABOVE  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Email Address: \_\_\_\_\_ Add to Monthly E-news?  Yes  No  
Emergency Contact Name & Phone Number: \_\_\_\_\_

**MEDICAL INFORMATION**

Male  Female Height: \_\_\_\_\_ ft. / \_\_\_\_\_ in. Weight: \_\_\_\_\_ lbs.  
**Disability:**  
 Down Syndrome  Cerebral Palsy  Autism Spectrum Disorder  Learning Disability  
 Mental Handicap  Physical Disability  Developmental Delay  Other: \_\_\_\_\_  
**Communication:**  
 Verbal  Non Verbal  Sign Language  
**Assistive Devices:**  
 Hearing Aid  Glasses  Other: \_\_\_\_\_  
 Walker  Wheelchair If Yes:  Able to transfer to bus seat  Not able to transfer to a bus seat  
**Please list any other conditions:**  
 Asthma  Cardiac Disorder  Vision Problems  Hearing Problems  
 Seizures - Description of: \_\_\_\_\_  
 Allergies - Description of: \_\_\_\_\_  
 Other: \_\_\_\_\_  
**Kind of Diet:**  Regular  Diabetic  Low Sodium  Reaction to:  Motion  Sun  Heat  
 Low Fat  Other: \_\_\_\_\_  Medicine/Other: \_\_\_\_\_

**MEDICATION**

Medication name	Amount taken	When/Frequency	Special Instructions

**OTHER INFORMATION**

Significant Medical Illness: (Please List) \_\_\_\_\_  
Surgery within last six months: (Type/Date) \_\_\_\_\_  
Physician: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Insurance Carrier: \_\_\_\_\_ Policy #: \_\_\_\_\_

**OTHER NOTES:** comments, behavior tendencies, behavior plans, or non-behavioral issue, health issues, etc.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## **ANNUAL PARTICIPANT MEMBERSHIP FORMS**

These must be on file for participants to take part in our activities. Forms are renewed annually and do not need a doctors signature, but can be completed by the parent or guardian. Forms are available on our website or can be mailed to you.

## **CHECK US OUT ONLINE**

Visit our websites for information on our programs and/or updates. There you can find schedules, registrations forms, and lots more! [www.AdvisoryBoardforDisabled.org](http://www.AdvisoryBoardforDisabled.org) or [www.ASRecreation.org](http://www.ASRecreation.org)

**Like us on Facebook!** View our photos & announcements at [www.Facebook.com/AltamonteSpringsSpecialPopulation](http://www.Facebook.com/AltamonteSpringsSpecialPopulation)

## **E-NEWSLETTER**

Our E-newsletter comes out monthly with reminders about all our activities and events, as well as any updates.

To sign up, please e-mail us at [Rrel-khoury@altamonte.org](mailto:Rrel-khoury@altamonte.org)

## **PROGRAM ELIGIBILITY**

Participants with special needs must meet the following criteria to take part in programs. If they are unable to do so, participant is welcome to attend programs, but must provide their own assistant for supervision (a family member, companion, etc.)

- Age 13 and over (with exception to select specially designed youth programs)
- Be able to function in a group structure (1 staff member/volunteer per 5 participants)
- Capable of participation in group activities
- Have independent bathroom skills
- Be able to follow basic instructions

## **NEXT NEWSLETTER**

Look out for our next newsletter in early-December 2012 with information on our 2013 Winter and Spring activities.

## **REGISTRATION DATES**

Visit website to download a Quick List of Fall Registration Dates.

# **CITY OF ALTAMONTE SPRINGS SPECIAL NEEDS RECREATION 2012 FALL NEWSLETTER**

The City of Altamonte Springs - Special Community Services and the Advisory Board for the Disabled, Inc. provide social and recreational activities at a minimal cost to the mentally and physically challenged population, ages 13 and up in Altamonte Springs and surrounding communities.

## **HOW TO SIGN UP**

To attend activities, participant must meet the Program Eligibility and complete a Participant Membership Form. Once Membership Form is on file, participant is eligible to attend events. \*Select programs require additional registration.

## **ACTIVITIES COORDINATOR:**

Ranwa Nin El-khoury

Office: 407-571-8814 Fax: 407-571-8809

Email: [Rrel-khoury@altamonte.org](mailto:Rrel-khoury@altamonte.org)

[www.AdvisoryBoardforDisabled.org](http://www.AdvisoryBoardforDisabled.org)

[www.ASRecreation.org](http://www.ASRecreation.org)

Mail to: 225 Newburyport Avenue  
Altamonte Springs, FL 32701

## **ACTIVITY LOCATIONS:**

Eastmonte Park - Office  
830 Magnolia Drive  
Altamonte Springs, FL 32701

Westmonte Park  
624 Bills Lane  
Altamonte Springs, FL 32714

AMF Altamonte Lanes  
280 Douglas Avenue  
Altamonte Springs, FL 32714

Lake Brantley South Gym  
1010 Sand Lake Road  
Altamonte Springs, FL 32714

