

Special Population Activities – Winter/Spring 2011

Special Needs Activities Coordinator: Ranwa Nin El-khoury, 407-571-8814, Rrel-khoury@altamonte.org

STOP TRIPS

STOP Trips (Saturday Time Out for Parents) take place one Saturday a month and are socially, physically and educationally beneficial field trips. Drop off and pick up is at Eastmonte Park. Cost: \$3 per person with lunch provided.
Feel free to send souvenir money for trips

To Sign Up:

You must RSVP on the designated day a week prior to the trip by phone or email. Reservations are taken in the order received. Only one message is required. Space is limited.

Please send your reservation to only:
407-571-8814 or rrel-khoury@altamonte.org

Upcoming Trips:

“Day at Camp” at Camp Thunderbird
Trip Date: January 8 from 9am-4pm RSVP on Jan. 3

Blue Springs/DeLeon Springs & Old Spanish Sugar Mill
Trip Date: February 5 from 8am-4pm RSVP on Jan. 28

Strawberry Festival in Plant City
Trip Date: March 5 from 8am-4pm RSVP on Feb. 25
*Drop off and Pick Up at Westmonte Park for March trip ONLY

Location to be announced in e-newsletter
Trip Date: April 16 from 9am-4pm RSVP on April 8

Channel 6 Softball Game
Trip Date: May 7 from 10am-4pm RSVP on April 29

BOWLING PRACTICE

Practice is held every Monday, excluding holidays, from 3-5pm at the Altamonte AMF Lanes. *Cost has increased to \$2 per game as of June 21, 2010.* Scores are recorded throughout the year and trophies are awarded at a Banquet with participant’s high score.

Bowling Banquet: Monday, June 13, 2011 at Eastmonte Park. Invitations will be handed out at practices in May.

Special Olympics Bowling: Training scores will be collected for Special Olympics eligibility starting on Monday, June 20

SPAGHETTI DINNER

Friday, February 25, 2011 from 5-8pm at Eastmonte Park
Cost: \$8 for adults and \$6 for children (\$0.50 coupons available)
To benefit the Advisory Board for the Disabled, Inc.
Spread the word to help support our programs!

BALLROOM DANCE REGISTRATION

The Orlando Chapter of USA Dance will be teaching an 8-week workshop on Sundays from 1:30-2:30pm at Lake Brantley South (Gymnasium across the street from LBHS).

Start Date: Sunday, February 6 Cost: \$20.00
Registration: January 3 - January 31
Space Limited, Financial Assistance Available

Family & Friends Showcase

Sunday, March 27 from 1:30-2:30pm, FREE
Lake Brantley South Gym, 1010 Sand Lake Road
Featuring our special dancers, volunteer partners and professional exhibitionists. *Gym located ACROSS from LBHS, adjacent to Forest Lake Elementary School.*

NIGHTBIRD DANCES

Themed dances are held one Friday a month from 7-9pm at Eastmonte Park. Light refreshments are provided. Prizes awarded for dance contest winners, costume contest winners & birthdays! Cost: \$2 per participant and \$1 per guest (such as a parent, caregiver, etc.) If you have a group home or a large party, please call in advance to reserve your group a table(s).

January 14	New Years Bash
February 11	Sweethearts Dance
March 11	Luck of the Irish
April 8	Country Hoe Down
May 13	Pirates Adventure
June 3	Hawaiian Pool Party (<i>Westmonte Park</i>)

RAIN OR SHINE. Bring Swim Suits/Towels

**Oviedo Parks and Recreation now offers dances on alternate evenings. Please visit our website to view their schedule.*

2011 WINTER CAMP

Held on Wednesdays: Jan 5, 12, 19, 26 and Feb 2, 9, 16, 23
Located at Eastmonte Park from 9am-4pm Cost: \$50.00
Space is Limited. Register between Dec 6-Jan 3

BELLY DANCE PRACTICES

Our Special Needs Belly Dancers & family members meet the 2nd and 4th Wednesday of each month to exercise & prepare for performances from 6:30-7:30pm. Cost: \$1.00/person.
Located at Eastmonte Park.

Practice Dates:

Jan 26, Feb 23, Mar 9, Mar 23, April 13, April 27
May 11, May 25, June 29, July 27

THURSDAY NIGHT OUT

“Thursday Night Outs” have been changed to the 3rd and 4th Thursday at Westmonte Park. Program time: 7:30-8:30pm. Cost: \$1.00 with refreshments. Programs are designed to allow participants to get together and just have some fun! **Please let us know if you will be attending the cooking classes.*

Jan 20: Karaoke Night	Jan 27: Cooking Class
Feb 17: Karaoke Night	Feb 24: Cooking Class
Mar 17: Karaoke Night	Mar 24: Cooking Class
April 14: Karaoke Night	<i>April 21: Cooking Class Canceled</i>
May 19: Karaoke Night	May 26: Cooking Class

SPARKLER’S CHEERLEADING—SEASON SIX

The Altamonte Sparklers are an inspirational group of male and female cheerleaders with special needs. Good Luck to the team as they attend two competitions: March 19 in Kissimmee and April 2-3 in Ft. Lauderdale. Go Sparklers!

BAMBINO BUDDY BALL

This division encompasses players ages 5-20 who are either physically and/or mentally challenged. This baseball league makes allowance for a “buddy” to help the player swing a bat, round the bases, catch a ball, etc. Athlete leadership positions available. Contact Sarah Reece at 407-463-2504, sarah.reece@orhs.org, <http://cfbuddyball.baberuthonline.com>

MEDICAL FORMS

These **must** be on file for participants to take part in our activities. Forms **do not** need a doctors signature and can be completed by the parent or guardian. They are available on our website or can be mailed to you.

CHECK US OUT ONLINE

Visit the Advisory Board website for information on our programs and/or updates. There you can find schedules, registrations forms, & lots more! www.AdvisoryBoardforDisabled.org

View our event photos online at:
www.AltamonteSpecials.MyPhotoAlbum.com

E-NEWSLETTER

Our E-newsletter comes out monthly with reminders about all our activities and events. To sign up, please e-mail us at Rrel-khoury@altamonte.org

PROGRAM ELIGIBILITY

Participants with special needs must meet the following criteria to take part in programs. If they are unable to do so, participant is welcome to attend programs, but must provide their **own** assistant for supervision (such as a family member, companion, etc.)

- Age 13 and over (with exception to select specially designed youth programs)
- Be able to function in a group structure (1 staff member/volunteer per 5 participants)
- Capable of participation in group activities
- Have independent bathroom skills
- Be able to follow basic instructions

NEXT NEWSLETTER

Look out for our next newsletter in mid-May 2011 with information on our summer activities.

CITY OF ALTAMONTE SPRINGS SPECIAL NEEDS ACTIVITIES 2011 WINTER/SPRING NEWSLETTER

The City of Altamonte Springs - Special Community Services and the Advisory Board for the Disabled, Inc. provide social and recreational activities at a minimal cost to the mentally and physically challenged population, ages 13 and up in Altamonte Springs and surrounding communities.

To Sign Up: Participants need a Medical Form on file.

ACTIVITIES COORDINATOR:

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Mail to: 225 Newburyport Avenue
Altamonte Springs, FL 32701
Office: 407-571-8814
Fax: 407-571-8809
Email: Rrel-khoury@altamonte.org
www.AdvisoryBoardforDisabled.org
www.AltamonteSports.org

ACTIVITY LOCATIONS:

Eastmonte Park - Office
830 Magnolia Drive
Altamonte Springs, FL 32701

Westmonte Park
624 Bills Lane
Altamonte Springs, FL 32714

AMF Altamonte Lanes
280 Douglas Avenue
Altamonte Springs, FL 32714

Lake Brantley South Gym
1010 Sand Lake Road
Altamonte Springs, FL 32714

