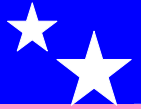




# Special Population Activities - Fall 2008



Special Needs Activities Coordinator: Ranwa Nin Elkhoury, 407-571-8814, Rrel-khoury@altamonte.org

## CHANGES TO THE CALENDAR:

- ★ September STOP Trip date changed to Sept. 13
- ★ Thursday Night Out on September 18 re-opened
- ★ October Nightbird Dance changed to Oct. 24
- ★ Nin will no longer be attending the Senior Cruise

## NIGHTBIRD DANCES

Themed dances are held one Friday per month from 7-9pm at Eastmonte Park. Refreshments are provided. Cost: \$1 per person attending. (Includes parents, caregivers, etc.) Prizes awarded for dance contest winners, costume contest winners & birthdays! If you have a group home or a large party, please call in advance and we will reserve your group a table(s).

September 5	Blast from the Past: 50's Frenzy
October 24	Halloween Masquerade
November 14	Arabian Nights
December 5	Holiday Gala - Invitations will be sent out

## ONLINE PHOTO GALLERY & E-NEWSLETTER

View our event photos online at [www.AltamonteSpecials.MyPhotoAlbum.com](http://www.AltamonteSpecials.MyPhotoAlbum.com)

Our E-newsletter comes out monthly with reminders about all our activities and events. To sign up, please e-mail us at [Rrel-khoury@altamonte.org](mailto:Rrel-khoury@altamonte.org)

## STOP TRIPS

STOP Trips (Saturday Time Out for Parents) take place one Saturday a month and are socially, physically, educationally, and psychologically beneficial field trips. Space is limited. To attend you must RSVP on the designated reservation day. Cost is \$1/person with lunch provided. Drop off and pick up is at Eastmonte Park.

September 13	Marine Land	<u>8am</u> -4pm	RSVP on Sept. 5
October 11	Fantasy of Flight	9am-4pm	RSVP on Oct. 3
November 22	Disney	9am- <u>5pm</u>	RSVP on Nov. 14

*\*Please feel free to bring souvenir money for all three trips.*

## THURSDAY NIGHT OUT

"Thursday Night Outs" are held on Thursday evenings, excluding the 1<sup>st</sup> Thursday of the month. They are designed to allow participants to get together and just have some fun! Events are held at Westmonte Park from 7-8:30pm. Cost: \$1.00 with refreshments. *Volunteers Needed - Please contact Nin to sign up.*

<u>Sept 11: Canceled</u>	Oct 9: Crafts & Games	Nov 13: Crafts & Games
Sept 18: Karaoke	Oct 16: Karaoke	Nov 20: Karaoke
Sept 25: Cooking	Oct 23: Cooking	<u>Nov 27: Canceled - Thanksgiving</u>
	Oct 30: Movie Night	

*\*Please let us know if you will be attending the cooking classes\**

## HOLIDAY NIGHT RIDE

Thursday, December 11, 2008  
Eastmonte Park from 6-8:30pm.

We will take the bus/van & visit local houses with beautiful light displays & Cranes Roost Park. Cost: \$1.00 with Cookies & Hot Cocoa provided.

Please RSVP your spot no later than December 8, 2008.

## BELLY DANCING SHOW & PRACTICES

Troupe Moumayaza, our special needs belly dancers, will be hosting their very first recital! Come out and watch our special dancers, plus many other professional dancers!

Saturday, November 15, 2008

Eastmonte Park from 7-9pm

Cost: \$1.00 Funds will support Troupe Moumayaza

Our Special Needs Belly Dancers & family meet the 2<sup>nd</sup> & 4th Wednesday of each month to exercise & prepare for performances at Eastmonte & Westmonte Park from 6:30-7:30pm. Cost: \$1.00/person.

### Practice Dates:

Eastmonte Park: Aug. 13, Sept. 10, Oct. 8, Nov. 5, 12

Westmonte Park: Aug. 27, Sept. 24, Oct. 22

## BOWLING

Practice is held every Monday, excluding holidays, from 3-5pm at the Altamonte AMF Lanes. Cost will increase to \$1.75/game as of Sept. 8, 2008, which includes shoe rental.

Scores are recorded throughout the year and trophies are awarded at the Banquet announcing each participant's high score.

Athletes participating in Special Olympics will compete in County Games on Monday, August 25, 2008, beginning at 3pm.

## 2009 WINTER CAMP

January 7, 14, 21, 28

February 4, 11, 18, 25

Now 8 weeks long!

Eastmonte Park, 9am-4pm

Cost: \$50.00

Activities Include: Crafts, Field Trips, Special Guests & More!

Register between:

Dec 8 – Jan 5

## ALTAMONTE SPARKLERS CHEERLEADING

The Altamonte Sparklers are a group of over 40 male and female cheerleaders. Together the group attends numerous community events and 2 major cheerleading competitions.

### Season Four Athlete Registration Meeting

Sunday, September 28, 2008

Eastmonte Park at 3pm

Athletes will be sized for uniforms, given the season's schedule, and more. Practices will begin on Sunday, October 12, 2008.

Please contact us for more information or to sign up as an athlete, volunteer coach or become a sponsor.

## SPECIAL OLYMPICS NEWS...

SOSC Annual Picnic & Free Physicals Too!

Saturday, August 23, 2008

Eastmonte Park from 12-4pm

Games, Food, Prizes, Music & More!

Please RSVP the # attending and the dish you will be sharing to 407-263-8043 or [www.SpecialOlympicsSeminoleCounty.org](http://www.SpecialOlympicsSeminoleCounty.org)

Basketball is scheduled to begin in late September. Please check the website for more information in August.

## SPAGHETTI DINNER

Friday, September 26, 2008 from 5-8pm at Eastmonte Park. Please see the attached flier for details.

### Eastmonte Park

830 Magnolia Drive, Altamonte Springs, FL 32701

### Westmonte Park

624 Bills Lane, Altamonte Springs, FL 32714

### AMF Altamonte Lanes

280 Douglas Avenue, Altamonte Springs, FL 32714

**Participants need an active Medical Form on file to take part in events. Please contact us to get a form.**

Special Needs Activities Coordinator: Ranwa Nin Elkhoury, 407-571-8814, [RreI-khoury@altamonte.org](mailto:RreI-khoury@altamonte.org)



The City of Altamonte Springs – Special Community Services and the Advisory Board for the Disabled, Inc. provide social and recreational activities at a minimal cost to the mentally and physically challenged population in Altamonte Springs and Central Florida. Programs are conducted in fun and safe environments with cheerful and dedicated staff and volunteers.

